## **Phonological & Phonemic Awareness**

#### Why is Phonological awareness important?

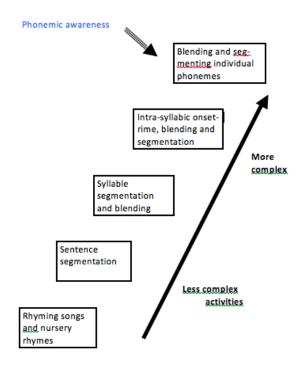
- One of the best predictors of later reading and spelling success
- Lack of awareness of sound structure as evidenced in syllables and words, makes it difficult to learn phoneme-grapheme correspondences (reading and spelling)
- Phonological awareness can be facilitated
- Literacy skills begin to develop in early childhood before formal schooling and learning to read

#### What is Phonological awareness?

The awareness of the underlying sound structures of spoken language, and the ability to manipulate these sound structures.

#### What is Phonemic awareness?

The understanding that words are composed of discrete sounds that can be manipulated. Phonemic awareness is a *subcategory and the highest level* of Phonological awareness.



1

Then what is Phonics?

Connecting of sounds to letters (written symbols)

# **Components of Phonological & Phonemic Awareness**

Components	Examples
Rhyming	
Nursery rhymes and songs	"Twinkle, twinkle, little star"
Discrimination	Do "hat" and "cat" rhyme?
Production	Tell me a word that rhymes with "star"
Onset-rime and phonograms	"H-and", "s-and", "I-and", "st-and", etc. The initial consonant/s that changes the meaning of the word is called an onset, and the syllable consisting of a vowel and consonant/s is called a rime. Phonograms are the common elements in word families.
Alliteration	Rhyme in which words start/end with the same sound, e.g.: "sh" - shell, she, shoe, or "wish" "dish", "wish", etc
Assonance	Rhyme in words in which the same vowel sounds are used with different consonants, e.g.: "In the <u>park</u> after <u>dark</u> , if you <u>care</u> to go, in the <u>grass</u> , as you <u>pass</u> , you will see <u>lamps</u> glow"
Segmentation	
Sentences	"The cat is cross" (Clap for each word)
Compound words	"Rainbow" (Clap for each part of the word)
Syllables	"Table" (Clap for each syllable)
Phonemes	"Dog" (Clap for each phoneme)
Isolation	
Initial	What sound is at the beginning of "cat"?
Final	What sound is at the end of "cat"?
Medial	What sound is in the middle of "cat"?
Deletion	
Compounds/Syllables	Say "pancake", say it again but don't say "pan"
Phonemes	Say "snake", say it again but don't say "n"
Substitution	
With manipulatives (i.e. blocks to	Using blocks of different colours for each phoneme in a word such
represent sounds)	as "cat". Show me how to change "cat" to "mat"
Without manipulatives	Say "mouse". Change the "s" to "th"
Blending	
Compounds/Syllables	Put the sounds together - "television"
Phonemes	Put the sounds together - "bed"

### Practical tips for improving phonological and phonemic awareness.

Start with easier tasks before tackling harder ones!

Remember the following guidelines:

- 1. The **size of the phonological unit** (e.g.: it is easier to break sentences into words and words into syllables, than to break syllables into phonemes)
- 2. The **number of phonemes in the word** (it is easier to break phonemically shorter words such as "man" than "sleep")
- 3. **Phoneme position in words** (initial consonants are easier than final consonants and middle consonants are most difficult)
- 4. **Phonological properties of words** (continuants such as /s/ and /m/ are easier than very brief sounds such as /t/)
- 5. **Phonological awareness challenges** (rhyming and initial phoneme identification are easier than blending and segmenting)