

Review

Lena Batra’s Hearing & Music in Hearing Care Practice: PROM-T⁵® Foundation Course

Do you teach deaf children and young people (CYP) who:

- find it difficult to participate in music at school
- struggle to advocate for their music listening needs
- reject their hearing devices and/ or auxiliary aids during music activities
- generally struggle to accept their hearing challenges?

Lena Batra, a hearing therapist, has used her firsthand personal and professional experience of hearing challenges to develop a continuing professional development (CPD) programme called Hearing & Music in Hearing Care Practice: PROM-T⁵® Foundation Course. The purposeful, short course provides specialist training for Qualified Teachers of Deaf Children and Young People (QToDs) and educational audiologists (Ed Auds) with a structured framework that can be immediately applied to practice.

PROM-T⁵® adds value to the existing knowledge base by exemplifying the evidence around how music benefits social and emotional connection, cognitive stimulation, memorisation and physiology, and can reduce the impact of auditory deprivation: social isolation, linguistic, and cognitive challenges.

‘Music can often reach those parts that speech may not’ (Lena Batra).

Since audiogram information does not reliably tell us what each individual’s music listening challenges might be, PROM-T⁵® helps QToDs and Ed Auds to achieve a shared understanding with deaf CYP across a wide spectrum of needs – from straightforward to complex.

Case studies demonstrate the impact of deafness on music

and each contributor exemplifies how PROM-T⁵® has helped them to regain balanced and comfortable music listening. The course addresses a gap in current educational provision and provides QToDs and Ed Auds with in-the-moment guidance and strategies to inform interventions.

One key take-away for me was for the deaf autistic CYP I work with, particularly those whose hyperacusis creates a painful and unbearable experience in mainstream classrooms. PROM-T⁵® provides a person-centred, comprehensive, and tailored approach to making music accessible for these pupils.

Extensively researched and resourced, this training is worth considering within the QToD/Ed Aud CPD portfolio for supporting the needs of deaf CYP. The Hearing & Music in Hearing Care Practice: PROM-T⁵® Foundation Course can be completed within a timescale to suit the individual, within the six-month enrolment period. The programme is designed to be flexible to allow the structured nature of the course to fit around individual working patterns and time constraints. It is accredited by the CPD Certification Service, carrying up to three days of learning, depending on individual learning requirements and learning style.

To access more information or enrol on the course, follow this link: <https://lenabatra.thinkific.com/courses/promt5foundationcourse>



Sarah Hercod is a QToD and an illustrator. She lives with her husband and two dogs in the South Cornwall riverside town where she grew up. You can connect with Sarah on Instagram @sarahhercodillustrates

BATOD was there representing you... continued

Date	External participants	Venue
November continued		
11	WJEC (Welsh Joint Education Committee) meeting	Teams
12	Phonak Thought Leadership Day	Warrington
12	SEND In The Specialists - meeting	Teams
13	Ofqual access consultation forum	Teams
18	Aston University training delivery	Aston University
19	NSEND	Teams
24	CRIDE Scotland	Zoom
25	NDCS/RCSLT/BATOD working group	Teams
27	Launch of the BSL Advisory Board’s Health and Social Care report	London
December		
1	CRIDE	Teams
2	Speech, Language and Communication Alliance	Teams

Please inform the National Executive Officer, Teresa Quail via exec@batod.org.uk if you know of any meetings where you feel representation on behalf of QToDs would be of benefit. Although there is no guarantee that BATOD would be able to attend every meeting, situations could be monitored and the interests of QToDs represented.

BATOD Magazine

This article was published in the December 2025 issue.

© BATOD 2025



Thank you to this edition's advertisers

